



EMPOWER ME - EMPOWER WE

**GROUP FOR WOMEN SURVIVORS OF SEXUAL
ASSAULT WHO HAVE DISABILITIES**

**DATES: 1/21/16, 1/28/16, 2/4/16, 2/11/16, 2/18/16, 3/3/16,
3/10/16, 3/17/16, 3/24/16, 3/31/16, 4/7/16, 4/14/16**

TIME: 2:00-4:00PM

**LOCATION: INDEPENDENT LIFESTYLES
215 N BENTON DR, SAUK RAPIDS, MN 56379
(320) 529-9000**

Empower Me - Empower We (EMEW) Group is for women who have experienced sexual violence and who also identify with having, or living with, a disability, including mental health diagnoses. This group provides education and support that includes disability-related content specific to sexual violence survivorship and empowerment.

EMEW Group is hosted in partnership with the Central MN Sexual Assault Center (CMSAC) and Independent Lifestyles.

Please contact SAMANTHA at the CMSAC for more information and intake forms to participate in the EMEW group.

EMEW Group has a limit of 8 participants.

Central MN Sexual Assault Center

15 Riverside Drive NE St. Cloud, MN 56304

spreusser@cmsac.org

Ph: 320.251.4357 Fax: 320.251.4670