

# Mother-Daughter Grandmother/Godmother Retreat: Creativity & Beauty

Designed for Girls in Grades 4 – 6



*Moms, grandmas, godmothers and daughters will deepen their faith life together through interactive sessions at Saint Benedict's Monastery:*

- Meet Sister Michaela Hedican, Prioress of Saint Benedict's Monastery
- Learn about the amazing and creative woman, St. Hildegard of Bingen, who used her creative gifts to share the glory and the beauty of God
- Experience the Sisters' creative gifts—organists, nationally known composer of Church hymns, knitters, candle maker, greeting card artists and many more ...
  - Brunch at Gorecki Dining Center, College of Saint Benedict  
*Includes gluten free options*
  - Opportunities to create your own kind of beauty!
    - Participate in Liturgy of the Hours
    - Participate in Mass with the Sisters
    - View exhibits at the Art and Heritage Place:  
"1914–2014: Sacred Heart Chapel, God's Home Among Us" and  
"The Eclectic Artisan Kitchen" featuring a dozen local artists' works
  - Q & A with the Sisters about the Benedictine way of life.

**Saturday, November 1 • 9:30 a.m. to 4:30 p.m.**

**\$40 for a Grandmother or Mother & Daughter Pair;  
\$10 for Each Additional Participant**

Sisters of the  
Order of Saint Benedict 

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