

FREE “SEIZURE SMART” COMMUNITY WORKSHOP

60,000 people in MN and ND have seizures. 1 in 10 people will have a seizure in their lifetime, and 1 in 26 people will develop epilepsy.

ST. CLOUD

Saturday, November 22 from 10 AM – 12:30 PM

Great River Regional Library, 1300 West Germain Street

Mississippi Room

Guest speakers: Kathleen Rieke, M.D., Neurologist about Living Well with Epilepsy: a Neurologist Perspective, and Cindy Nelson R.EEG T from Mayo Clinic about EEG Testing 101. Learn about epilepsy, seizure first aid and hear from families affected by epilepsy in these FREE workshops. Participants receive a light lunch & two CEUs! The first 50 attendees receive a free MOBE fitness monitor!

RSVP to rsvp@efmn.org or 1.800.779.0777, ext. 2310.

