## Mother/Grandmother & Daughter Lenten Retreat

Designed for Girls in Grades 6 – 9



Grandmas, moms and daughters will deepen their faith life together through interactive sessions at Saint Benedict's Monastery:

- Explore Scripture
- Learn about Self-Acceptance & Respect for All People
  - Share in Storytelling and Prayer
  - Find Creative Ways to Fast & Give Alms
- Participate in Mass with the Sisters in Sacred Heart Chapel
- Ask the Sisters Questions about the Benedictine Way of Life
  - Make a Sacred Pilgrimage to the St. Joseph Food Shelf
- Enjoy Brunch at Gorecki Dining Center, College of Saint Benedict

## February 22 • 9:30 a.m. - 4 p.m.

\$30 for a Grandmother or Mother & Daughter Pair; \$10 for Each Additional Participant Click here REGISTRATION and more information



104 Chapel Lane, St. Joseph, Minnesota 56374 **www.sbm.osb.org** • **(320)** 363-7100