

Independent Lifestyles, Inc.
A Center for Independent Living

November - December 2013

Social Activities



Wednesday, November 20th ~ 1:00 p.m. - 3:00 p.m.

Thanksgiving Celebration

Activities include: Martial Arts with 5th degree black belt Master Scott Ridlon, Name That Tune, bingo, fall crafts, word games, pin the tail on the turkey and more



Wednesday, December 18th ~ 1:00 p.m. - 3:00 p.m.



Holiday Celebration

Activities include: Martial Arts with 5th degree black belt Master Scott Ridlon, Name That Tune, white elephant gift exchange (bring an item from home to be regifted), cookie decorating, bingo, word games, holiday crafts and more

Activities are held at our Sauk Rapids office:

Independent Lifestyles
215 North Benton Drive Sauk Rapids, MN 56379
Toll Free 1.888.529.0743 / 320.529.9000

For additional questions regarding these activities please contact Marsha Hagfors at 320.281.2049

Check out our website at www.independentlifestyles.org for more information regarding our services and additional groups that we offer.

"A Team Promoting Independence and Choices for People with Disabilities, Their Families and Communities"